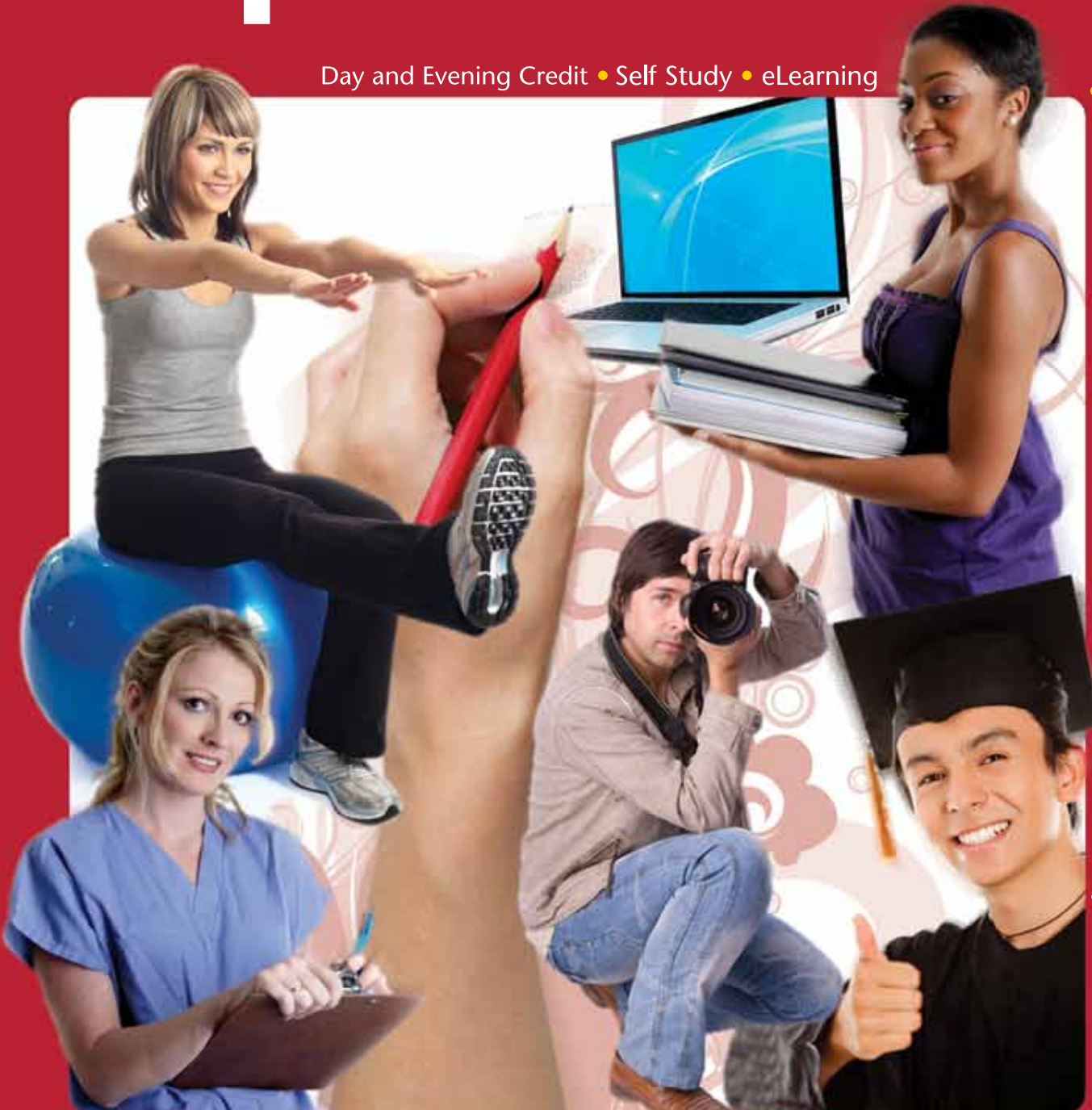


Learn ExploreDiscover!

Fall 2012

Day and Evening Credit • Self Study • eLearning



• Career and Certificate Programs • General Interest • Literacy and Basic Skills

English as a Second Language • International Languages •



ADULT AND COMMUNITY EDUCATION
DISTRICT SCHOOL BOARD OF NIAGARA
Achieving Success Together

WELCOME...

.....to “Learn, Explore, Discover!”

- your guide to meeting your unique learning goals.

LEARN

Diplomas, skill training, ESL and more!

Join the DSBN community to achieve your personal goals. Whether you want to get your high school diploma, prepare for college or university, improve your English language or literacy skills, or upgrade your training for a new career, there are countless options available to you. We have learning centres across Niagara, so you are sure to find the courses that meet your needs close to where you live or work.

EXPLORE

Looking to learn a new hobby, keep your mind fit or keep your body moving? From cake decorating to website design to hip hop for health, our General Interest courses offer fun and creative ways for you to explore your talents and interests.

DISCOVER

Can't find what you need... let us help you. Give us a call, email us, or visit our website -- to keep it simple, we have listed our contact information at the bottom of this page. We want to keep in touch with you, so we can meet your needs, and the needs of our community. We can help you Learn, Explore and Discover your potential!

Ed Stavnitzky

Administrator

Adult & Community Education



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ALTERNATIVE, ADULT & COMMUNITY EDUCATION

District School Board of Niagara
905-687-7000

CommunityEd@dsbn.org
www.dsbn.org/community

ADULT & COMMUNITY EDUCATION LOCATIONS

CREDIT COURSES

Fort Erie Secondary School
7 Tait Avenue, Fort Erie

Grimsby SS
5 Boulton Avenue, Grimsby

Laura Secord SS
349 Niagara Street, St. Catharines

Lifetime Learning Centre
535 Lake Street, St. Catharines

Port Colborne High School
211 Elgin St, Port Colborne

Stamford Collegiate
5775 Drummond Rd., Niagara Falls

St Catharines Collegiate
34 Catherine St, St. Catharines

Welland Centennial
240 Thorold Rd. West, Welland

Westlane SS
5960 Pitton Rd., Niagara Falls

GENERAL INTEREST

Beamsville District SS
4317 Central Avenue, Beamsville
905-563-8267 ext 60449

Fort Erie SS
7 Tait Avenue, Fort Erie
905-871-8931 ext 61919

Grimsby SS
5 Boulton Avenue, Grimsby
905-945-5416 ext 62522

Lakeview PS
33 Olive Street, Grimsby
905-934-2545 ext 61661

Laura Secord SS
349 Niagara Street, St. Catharines
905-934-2545 ext 61661

Port Colborne High School
211 Elgin St, Port Colborne
905-835-1186 ext 64316

South Lincoln High School
260 Canborough St, Smithville
905-357-3359 ext 65191

Welland Centennial
240 Thorold Rd. West, Welland
905-735-0700 ext 60711

Westlane SS
5960 Pitton Rd., Niagara Falls
905-356-2401 ext 66736

BY MAIL:



August 27 - September 12, 2012
VISA/MASTERCARD, cheque or money order,
complete the form on back page and send to:
Adult & Community Education
District School Board of Niagara
535 Lake Street, St. Catharines, Ontario L2N 4H7
One form per course. Mail-in registrations processed as received.

BY PHONE:



August 27 - September 12, 2012
VISA/MASTERCARD, Call 905-641-2929 Ext. 54170
between 9:00am to 4:00pm

BY FAX:



August 27 - September 12, 2012
VISA/MASTERCARD, Fax to 905-646-9377

IN PERSON:



Monday, September 17th, 2012 from 6:30pm-8:30pm
Cash, cheque or money order only. Applicants must
register at the school where the course is to be held.

Note:

* For courses at Lakeview Public register at Grimsby SS

FEES:

- Fees listed include HST (receipt will show HST)
- Asterisk (*) indicates material costs are extra
- Seniors Discount (65 yrs+) is 25% on course fee only

ACCESS FOR PHYSICALLY CHALLENGED:

The physically challenged are encouraged to inquire about accessibility at the time of registration.

CANCELLATION OF CLASSES/REFUNDS:

- Refunds will be granted **prior** to the SECOND scheduled class
- A charge of \$15.00 will be deducted to offset registration costs
- Minimum of 20 students per course
- The District School Board of Niagara reserves the right to terminate, combine or transfer to another school, any courses in which enrolment falls below the acceptable level
- Requests for refunds must be directed to the local Evening School supervisor or secretary
- Registration receipts must accompany all refund requests

HOLIDAYS (no classes)

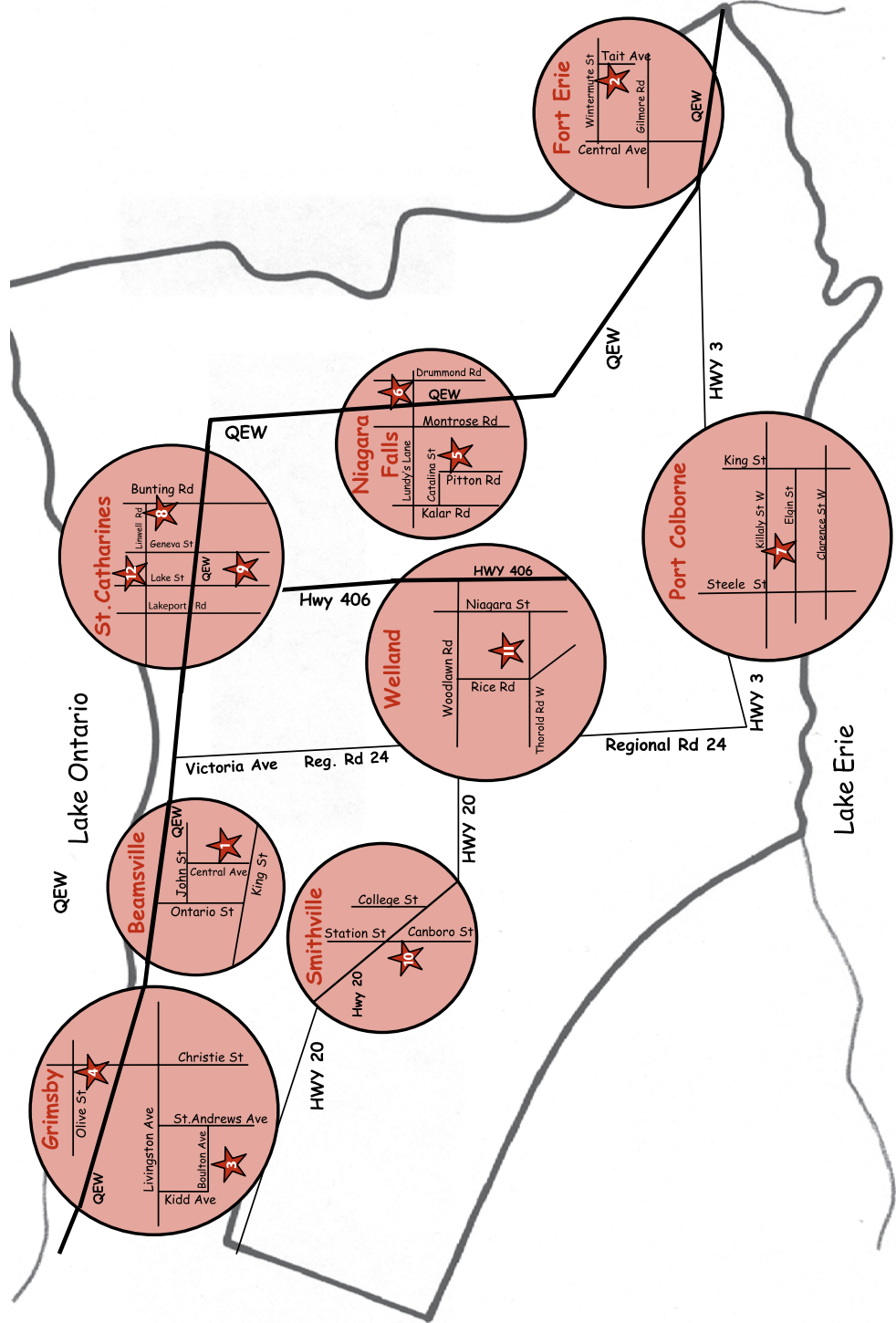
Thanksgiving (October 8, 2012)

Christmas Break
(December 25, 2012 - January 4, 2013)

Places you can find us:

1. Beamsville District Secondary School (Beam)
2. Fort Erie Secondary School (Fort)
3. Grimsby Secondary School (Grims)
4. Lakeview Public School (Lake V)
5. Westlane Secondary School (West)
6. Stamford Collegiate
7. Port Colborne High School (Port)
8. Laura Secord (Laura)
9. St. Catharines Collegiate
10. South Lincoln High School (South)
11. Welland Centennial Secondary School (Cent)
12. Lifetime Learning Centre

See page 1 for location addresses and phone numbers.



THE DIPLOMA MAY BE CLOSER THAN YOU THINK

To recognize learning which takes place outside the classroom, the Ministry of Education allows us to award credits to adults (persons 18 and over) who entered Secondary School prior to September 1999 and who have been out of school for at least one full year. There are 3 categories of the credits available:

- Maturity Allowance
- Equivalent Education
- Apprenticeship Training

Assessments are completed on an individual basis. There could be a maximum of 12 credits granted using any of the allowance options described above. All applicants for equivalency standing must earn the last four credits (these credits must be at the Senior Level – Grade 11 or 12) subsequent to becoming a mature student before a diploma will be issued. The Principal shall determine which compulsory courses (if any) must still be completed by the student to earn a diploma. To assess diploma requirements, a transcript of your credits from your last school is necessary.

Please note that if you are applying for employment within the Niagara Region, you will require your grade 12 diploma.

FOR MORE INFORMATION AND COUNSELLING CALL: 905-641-2929 Ext. 54170

eLEARNING PROGRAM

You may enrol in eLearning secondary school credit courses, as an alternative to night-school or self-study, if you are eligible to attend a provincially funded school in Ontario and if you are:

- in need of secondary school credit courses in order to obtain an Ontario Secondary School Diploma, or
- upgrading secondary school credits required for entry into a program or the workforce.

NOTE: If eligible, day school students require an eLearning Application form, signed by the day school and community education principals, for each credit course. These forms are available in your guidance office.

Please call 905-641-2929 Ext. 54177 for eLearning

Course Enrolment:

September 24 - February 22

Courses end: May 1, 2013

For more information about registration please call: 905-641-2929 Ext. 54177

For a list of eLearning and Self Study Courses, Adult and Community Education Services

VISIT OUR WEBSITE:
www.dsn.org/community

SELF-STUDY PROGRAM

For mature students and part-time high-school students wishing to earn high school credits while studying independently. Work at home on independent learning materials. \$100 cash only registration fee (cheques will not be accepted). \$85 will be refunded within 10-14 days, once materials have been returned.

Niagara Falls Program at Stamford C.V.I.

5775 Drummond Rd., Niagara Falls

Wednesdays, 6:30 - 8:30pm

To book an appointment at Stamford, or for more info call: 905-641-2929 Ext. 54177

Fort Erie Secondary School

Room 100, 7 Tait Ave., Fort Erie

Wednesdays 6:00 - 8:00pm

No appointment needed at Fort Erie S.S. Must bring updated transcript with you.

(Please enter through courtyard adjacent to parking lot)

(Please do not call Stamford C.V.I. or Fort Erie S.S. for information)

Runs September 26 - May 1, 2013
(continuous intake)



NIGHT SCHOOL PROGRAMS COUNSELLING

Educational counselling is available to Night School Students who are not enrolled in a day school to discuss Requirements for the Ontario Secondary School Diploma or College/University Applications. Adult students may take advantage of this service at the In-Person Registration at St. Catharines Collegiate on Monday, September 24, and throughout the semester.

FEES

There is no registration fee for credit courses. Credit courses will require a textbook deposit charge payable IN CASH at the time of issue. NO EXCEPTIONS. Students will receive this information from their teacher on the first night of school. Upon return of the textbook, the student will receive a full refund by cheque.

CANCELLATION OF CLASSES

A minimum enrolment of 22 students is required for a course to be offered. The District School Board of Niagara reserves the right to terminate, combine or offer an alternative mode of delivery (such as correspondence materials) to any course in which enrolment falls below the acceptable level.

DAY SCHOOL STUDENTS

Day school students require a Night School Application form, signed by their Day School Principal, for each course request. These forms are available from your Guidance office. Completed forms should be submitted to the Guidance Office at your Day School.

See pages 4 and 5 for available evening credit courses. Call: 905-641-2929 Ext. 54175



credit courses night school

The following Credit Courses are SEMESTERED

Evenings: Tuesday & Thursday

Time: 6:30 p.m. to 9:30 p.m.

Duration: September 25, 2012 to January 17, 2013

No Classes: Christmas Break December 24, 2012 to January 4, 2013
Location: St. Catharines Collegiate

Course Fee: There is no fee to take a credit course at night school.

TEXTBOOK DEPOSIT

Students are required to pay a textbook deposit of \$100.00, cash only. Your teacher will collect your deposit in class. All students are required to pay the textbook deposit, no exceptions. When you return the textbook, you will be mailed a cheque for the full amount of your deposit.

LAW (CLU3M1)

UNIV./COLLEGE PREPARATION

Course No. 1201

This course explores Canadian law with a focus on legal issues that are relevant to people's everyday lives. Students will investigate fundamental legal concepts and processes to gain a practical understanding of Canada's legal system.

Prerequisite: CHC2P1 or CHC2D1

CHALLENGE AND CHANGE IN SOCIETY (HSB4M1)

UNIV./COLLEGE PREPARATION

Course No. 1202

This course examines the theories and methodologies used in anthropology, psychology, and sociology to investigate and explain shifts in knowledge, attitudes, beliefs, and behaviour, and their impact on society.

Prerequisite: Any University, University/College or College preparation course in Canadian and World Studies, English, or Social Sciences and Humanities.

Night School Applications are available at

www.dsbni.org/community

Community Education Services
Night School Credit Course Forms
Course Registration Form



HISTORY – THE WEST AND THE WORLD (CHY4U1)

Course No. 1203

UNIVERSITY PREPARATION

This course investigates the major trends in Western civilization and world history from the sixteenth century to the present. Students will learn about the interaction between the emerging west and other regions of the world.

Prerequisite: Any University, University/College or College preparation course in Canadian and World Studies, English, or Social Sciences and Humanities.

ARABIC (LYBAD1/LYBBD1)

Course No. 1204

LEVEL 1/2 - ACADEMIC

The main objective of this course is to improve writing skills through usage and sentence structure. Selected models of essays, short stories and poetry will develop speaking skills as well as reading and listening to diverse types of Arabian language.

Prerequisite: LYBAD1

ENGLISH (ENG3C1)

Course No. 1205

COLLEGE PREPARATION

This course emphasizes the development of literacy, communication, and creative thinking skills. An important focus will be on using language with precision and clarity.

Prerequisite: ENG2P1

ENGLISH - MEDIA STUDIES (EMS301) – GRADE 11 OPEN

Course No. 1206

This course emphasizes knowledge and skills to enable students to understand media communication in the 21st century and to use media effectively and responsibly. Students will develop critical thinking skills, aesthetic & ethical judgement and skills in viewing, representing, listening, speaking, reading and writing.

Prerequisite: ENG2P1 or ENG2D1

ENGLISH (ENG4C1)

Course No. 1207

COLLEGE PREPARATION

Students will analyse a variety of informational and graphic texts, as well as literary texts from various countries and cultures, and create oral, written, and media texts in a variety of forms.

Prerequisite: ENG3C1

ENGLISH (ENG4U1)

Course No. 1208

UNIVERSITY PREPARATION

Students will analyse a range of challenging literary texts from various periods, countries, and cultures; interpret and evaluate informational and graphic texts; and create oral, written, and media texts in a variety of forms.

Prerequisite: ENG3U1

ONTARIO SECONDARY SCHOOL LITERACY COURSE (OLC401)

Course No. 1209

This course is designed to help students acquire and demonstrate the cross-curricular literacy skills that are evaluated by the Ontario Secondary School Literacy test. Students who successfully complete the Literacy Course will meet the provincial literacy requirement for graduation.

MATHEMATICS OF COLLEGE TECHNOLOGY (MCT4C1)

Course No. 1210

COLLEGE PREPARATION

Students will investigate and apply properties of polynomial, exponential, and trigonometric functions and continue to extend their knowledge of functions.

Prerequisite: MCF3M1

MATHEMATICS-DATA MANAGEMENT (MDM4U1)

Course No. 1211

UNIVERSITY PREPARATION

Students will apply methods for organizing large amounts of information, solve problems involving probability and statistics; and carry out a culminating project that integrates statistical concepts and skills.

Prerequisite: MCR3U1 or MCF3M1

ADVANCED FUNCTIONS (MHF4U1)

Course No. 1212

UNIVERSITY PREPARATION

of polynomial, rational, logarithmic, and trigonometric functions, broaden their understanding of rates of change, and develop facility in applying these concepts and skills.

Prerequisite: MCR3U1 or MCT4C1

MATHEMATICS (MCV4U1) CALCULUS AND VECTORS

Course No. 1213

UNIVERSITY PREPARATION

This course builds on students' previous experience with functions and their developing understanding of rates of change. Students will refine their use of mathematical processes necessary for success in senior mathematics. This course is intended for students who plan to study mathematics in university and who may choose to pursue careers in fields such as science, engineering, economics, and some area of business.

BIOLOGY (SBI3C1)

Course No. 1214

COLLEGE PREPARATION

Students will learn concepts and theories as they conduct investigations in the areas of cellular biology, microbiology, genetics, the anatomy of mammals, and the structure of plants and their role in the natural environment.

Prerequisite: SNC2P1 or SNC2D1

BIOLOGY (SBI3U1)

Course No. 1215

UNIVERSITY PREPARATION

Students will study theory and conduct investigations in the areas of biodiversity, evolution, genetic processes, the structure and function of animals, and the anatomy, growth and function of plants.

Prerequisite: SNC2D1

BIOLOGY (SBI4U1)

Course No. 1216

UNIVERSITY PREPARATION

Students will study theory and conduct investigations in the areas of biochemistry, metabolic processes, molecular genetics, homeostasis, and population dynamics.

Prerequisite: SBI3U1

CHEMISTRY (SCH3U1)

Course No. 1217

UNIVERSITY PREPARATION

Students will study the properties of chemicals and chemical bonds, chemical reactions and quantitative relationships in those reactions, solutions and solubility, and atmospheric chemicals and the behaviour of gases.

Prerequisite: SNC2D1

CHEMISTRY (SCH4C1)

Course No. 1218

COLLEGE PREPARATION

Students will study organic chemistry, electrochemistry, chemical calculations, and chemistry as it relates to the quality of the environment.

Prerequisite: SNC2P1 or SNC2D1

CHEMISTRY (SCH4U1)

Course No. 1219

UNIVERSITY PREPARATION

The focus is on the study of organic chemistry, the structure and properties of matter, energy changes and rates of reaction, equilibrium in chemical systems, and electrochemistry.

Prerequisite: SCH3U1

PHYSICS (SPH3U1)

Course No. 1220

UNIVERSITY PREPARATION

Students will explore kinematics, with an emphasis on linear motion, different kinds of forces, energy transformations, the properties of mechanical waves and sounds, and electricity and magnetism.

Prerequisite: SNC2D1

PHYSICS (SPH4C1)

Course No. 1221

COLLEGE PREPARATION

Students will explore the concepts of physics with respect to motion; mechanical, electrical, electromagnetic, energy transformation, hydraulic, and pneumatic systems, and the operation of commonly used tools and machines.

Prerequisite: SNC2P1 or SNC2D1

PHYSICS (SPH4U1)

Course No. 1222

UNIVERSITY PREPARATION

Students will continue their exploration of energy transformations and the forces that affect motion, and will investigate electrical, gravitational, and magnetic fields and electromagnetic radiation, the wave nature of light, quantum mechanics, and special relativity. Students will study the impact of technological applications of physics on society and the environment.

Prerequisite: SPH3U1

VISIT OUR WEBSITE:
www.dsb.org/community

The following
Credit Courses are
NON -SEMESTERED

TRADITIONAL CHINESE

(Mandarin)

DAY: Saturday

TIME

9:00 a.m. to 12:30 p.m.

DURATION

September 29, 2012 to June 8, 2013

NO CLASSES

Oct. 6, Dec. 22, Dec 29, Jan. 5, Feb. 18,
Mar. 9, Mar. 16, Mar. 30, May 18

LOCATION

Laura Secord SS

LKMOA1 (Open) Level 1

Course No 2119

This is an introductory course in which student will learn vocabulary and grammar essential for reading and communicating orally and in written form. Students will explore aspects of the Chinese culture, including social customs and the arts. Students will participate in practical activities in which they can apply their knowledge and skills.

LKMOB1 (Open) Level 2

Course No 2120

This course provides students with the language learning experiences that will enable them to communicate in Mandarin. Students will continue to develop and apply their speaking skills, reading comprehension and writing skills. They will also continue to explore aspects of the culture.

Prerequisite: LKMOA1

LKAADI (Academic) Level 1

Course No 2121

This is an introductory course in which students will learn vocabulary and grammar essential for reading and communicating orally and in written form. Students will explore aspects of the Chinese culture, including social customs and the arts.

LKABD1 (Academic) Level 2

Course No 2122

This course provides students with opportunities to further develop their oral communication skills and increase their confidence in using Mandarin in practical situations. They will continue their exploration of the culture. Students will be involved in activities that promote the use of the language in real-life situations.

Prerequisite: LKAAD1



credit courses daytime

Adult Computer & Business Programs

ALL COURSES FEATURING MICROSOFT OFFICE 2010!

WELLAND

Half-day, tuition-free* program (total of 6 credits available over 2 terms) in introductory or advanced Microsoft Office 2010 (including Word, Excel, PowerPoint and Access); Windows XP; Internet; Email; Accounting; Windows MovieMaker; and Desktop Publishing with MS Word and MS Publisher; and career skills.

Classes run September 5, 2012 to January 25, 2013
Centennial Secondary School, 240 Thorold Rd. W., Welland

REGISTER by attending a public information session at 10:00 am, Centennial Secondary School, room 226 on Tuesday, August 21, August 28, September 4, 2012 or call 905-735-0700, x.60711

FORT ERIE

Half-day, tuition-free* program (total of 6 credits available over 2 terms) in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows XP; Internet; Desktop Publishing with MS Word and MS Publisher; Accounting; and career skills. Co-op may be available.

Classes run September 5, 2012 to January 25, 2013
Fort Erie Secondary School, 7 Tait Ave., Fort Erie

REGISTER by attending a public information session at 10:00 am, Fort Erie Secondary School, room 159 on Tuesday, August 21, August 28, September 4, 2012 or call 905-871-4610, x.61923

PORT COLBORNE

Half-day, tuition-free* program (total of 6 credits available over 2 terms) in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows XP; Internet; Email; Web Page design; Windows Photo Story and Desktop Publishing with MS Word and MS Publisher; Accounting; and career skills. Co-op may be available.

Classes run September 5, 2012 to January 25, 2013
Port Colborne High School, 211 Elgin St., Port Colborne

REGISTER by attending a public information session at 10:00 am Port Colborne High School, room 321 on Tuesday, August 21, August 28, September 4, 2012 or call 905-835-1186, x.54442

NIAGARA FALLS

Half-day, tuition-free* program (total of 6 credits available over 2 terms) in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Desktop Publishing with MS Word and MS Publisher; Windows XP; Internet; Email; Additional offerings may be available in Accounting and Web Page Design. Co-op may be available.

Classes run September 5, 2012 to January 25, 2013
Westlane Secondary School, 5960 Pitton Rd., Niagara Falls

REGISTER by attending a public information session at 10:00 am, Westlane Secondary School, room 135 on Tuesday, August 21, August 28, September 4, 2012 or call 905-356-2401 x.66735

ARE YOU ELIGIBLE FOR FUNDING?

You may be eligible to receive funding or income support for your participation in many of the Business, Computers, Career and Certificate programs offered through the DSBN. Your eligibility may depend on your chosen occupational goals and/or individual needs. Some sources of individual funding include Employment Ontario (Second Career and Ontario Skills Development), Aboriginal Funding, Ontario Works (OW), Ontario Disability Support Program (ODSP), Workplace Safety and Insurance Board (WSIB), or Work Link (NCIL).

Please contact your employment counselor or caseworker for more information on your eligibility.



GRIMSBY

Half-day, tuition free* program (total of 6 credits available over 2 terms) in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Internet; E-mail; Social Media; Webpage design; Desktop Publishing with MS Publisher and MS Word; Windows Movie Maker and Photostory; Multimedia applications with Macromedia Studio MX, photo-editing with Photoshop; Accounting; and career skills. Co-op may be available.

Classes run September 5, 2012 to January 25, 2013
Grimsby District Secondary School, 5 Boulton Ave., Grimsby

REGISTER by attending a public information session at 10:00 am, Grimsby District Secondary School, room 422 on Tuesday, August 21, August 28, September 4, 2012 or call 905-945-7733

The DSBN reserves the right to change the curriculum from listing. *Minimal activity fee and/or refundable book deposit may apply.

www.dsbni.org/community | district school board of niagara | 905-641-2929 ext. 54170

Whatever your path, whatever your goal,
Lifetime Learning Centre will help you get there.

Credit, Career and Certificate Training

If you want to complete your high school diploma, pursue a personal interest, explore new career options or expand your knowledge and skills to help re-enter the work force, Lifetime Learning Centre offers innovative programs and supports to help you achieve your goals.

Lifetime Learning Centre is a DSBN school that serves adult learners who are 18 and older. Our tuition-free programs are delivered by Ontario Certified Teachers and are designed to meet the unique needs of adult learners.

What's Unique About Lifetime Learning Centre?

A Diploma May Be Closer Than You Think

Our credit courses and expert counsellors help you quickly and conveniently complete the requirements to earn your High School diploma.

Tuition-Free, Flexible Programming

Upgrade your skills or retrain for a new career with our flexible, tuition-free certificate programs.

A Team that Works for Your Success

Our Ontario Certified Teachers are specialists in understanding and teaching to a variety of different learning styles. We offer additional support through expert counselling, flexible programming and childcare at an onsite daycare.

A Friendly, Welcoming Environment

We understand the unique needs of adult learners, and we offer support, flexibility and friendship as we work with you to achieve your learning goals.

Additional Specialized Semester Programs

If you are 18–20 years old, there are specialized semester programs just for you. Talk to one of our counsellors to find out more.

Get started today!

Attend an information session:

August 21, 28 and Sept. 4 at 10:00 a.m.
and every Wednesday (Sept. to May) at 1:00 p.m.
Lifetime Learning Centre
535 Lake St., St. Catharines

Call us:

(905) 646-3737

Email us:

llc@dsbn.org

Visit our website:

www.lifetimelearning.ca

Find us on Facebook:

www.facebook.com/LifetimeLearning



PERSONAL SUPPORT WORKER (PSW)

A Personal Support Worker is someone who provides direct personal and health care assistance to the aged, chronically ill or disabled including all age groups. There is a growth trend in the demand for Personal Support workers in long term care facilities, in community (home) care environments, and in hospitals. For the past several years, the District School Board of Niagara has graduated hundreds of individuals with an average of 90% placement rate into jobs in the Niagara Region now paying \$12-\$19 per hour. The DSBN closely follows the curriculum guidelines set out by the

Community Support Association of Ontario as well as the curriculum for high-school credits accredited by the Ministry of Education.

Our PSW teachers of the credit programs are certified by the Ontario College of Teachers and are either R.N.s or R.P.N.s. Join the many others who have earned their high-school diploma, gained valuable work skills, and become employed as a Personal Support Worker.

Funding from various sources may be available if eligible (see Funding Note page 7.) psw@dsbn.org



**All PSW programs run from September through June
PSW programs fill quickly. Recruitment begins annually in March.**

Watch for the Winter 2013 Guide for Information Session dates. If you have additional questions, please email them to psw@dsbn.org or call **905-641-2929 Ext. 54177**.

COURAGE TO SOAR

A tuition-free credit program for adolescent students 17-21 years who need an alternative to the mainstream secondary school setting. Credits include those required for the OSSD in addition to Native Studies.

The program is co-hosted by Fort Erie Secondary School and the Fort Erie Native Friendship Centre.

To apply call:

(905) 871 - 4610 Fort Erie Secondary School or
(905) 871 - 8931 Fort Erie Native Friendship Centre

Bridging Class

A class for those needing to upgrade their literacy skills to be successful in achieving secondary school credits.

Call (905) 871 - 8931 Fort Erie Native Friendship Centre

TRANSITION TO EMPLOYMENT



For Individuals with disabilities. TTE is a program that assists individuals 16+ years of age, who have a disability, to gain access to employment opportunities. It prepares applicants for employment during one-on-one sessions with an employment counsellor followed by a 1-5 week on-site trial period with an employer. Scheduling is flexible. The program is approved by the Ontario Disability Support Program.

**It's for you
if you want to work!
Multiple intakes throughout
the year.**

Call **905-682-0756** for information
or email TTE@dsbn.org



VISIT OUR WEBSITE:
www.dsbn.org/community

LITERACY AND BASIC SKILLS

For the Deaf

Niagara Adult Literacy for the Deaf

36 Page Street, St. Catharines

Contact by email:

NALD@dsbn.org

Instruction is given in ASL

For the Learning Disabled

Learning Potentials

8 Hiscott Street, Unit 9, St. Catharines

Contact: Janet Johnston

905-684-4994

For the Developmentally Disabled

36 Page Street, St. Catharines

905-988-1450 x 2

LSB@dsbn.org

Seaway Mall

Niagara St., Welland

905-735-5506

All programs are offered at no cost. Financial assistance may be available for transportation and child care. Other locations may become available.

Call Shirley Henley at 905-641-2929, x54172 for more information.

We specialize in programs for individuals who are:

- Deaf
- Developmentally Disabled
- Learning Disabled

For individuals 19yrs+ who want to upgrade their language, math, computer and social skills to take on new opportunities in the community, employment and education.

We offer:

- Assessment of skills
- Reading assistance
- Computer training
- Links to employment programs
- Goal setting
- Writing assistance
- Math
- Small group instruction

ENGLISH AS A SECOND LANGUAGE (ESL)

For New Canadians, 18 years of age and over. English as a Second Language (ESL) non-credit classes are available as day or evening courses. Offered at various levels of proficiency, for individuals who wish to improve English language skills. Daycare is available at some centres.

NIAGARA FOLK ARTS MULTICULTURAL CENTRE

85 Church Street, St. Catharines

905-685-6589

WELLAND HERITAGE COUNCIL & MULTICULTURAL CENTRE

26 East Main Street, Welland

905-732-5337

MULTICULTURAL NETWORK OF NIAGARA FALLS

6841 Morrison Street, Niagara Falls

905-356-2249
or 1-888-746-9041

INTERNATIONAL LANGUAGES

For Elementary-aged students (Day & Evening).

International Language instruction in co-operation with the St. Catharines Folk Arts Council and affiliated groups. These programs are non-credit, tuition-free or for a nominal fee, and are offered after school and on weekends.

ARABIC

Aba Saleh Almahdi Foundation	905-714-9822
Islamic Society of St. Catharines	289-668-7771
Islamic Society of St. Catharines	905-688-8834
Niagara Falls Sudanese Community	905-354-9674
Sudanese Canadian Community	905-984-4086
Al Mahdi Islamic Organization	905-341-0751

ARMENIAN

Armenian Relief Society	905-682-6178
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CAMBODIAN

Samateansel Khmer Community	289-668-1810
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CHINESE

St. Catharines Chinese School	905-353-9129
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GERMAN

Niagara German School	905-468-7158
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GREEK

Greek Community of St. Catharines	905-685-3028
Greek Community of Smithville	905-957-1450

KOREAN

Niagara Korean Language School	905-688-6783
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POLISH

Canadian Polish Society	905-938-1781
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SERBIAN

Serbian Club	905-321-8201
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SPANISH

Latin American Club of Niagara	905-646-5676
Latin Immigrant Niagara Community Assoc.	905-988-6070

UKRAINIAN

Ivan Kotliarevsky Ukrainian School	905-934-7352
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interest courses index

COURSE CHART GUIDE

Ages:
All courses are for ages 18+, unless otherwise indicated:

S : Seniors
C : Children (Elementary)

Descriptions:
Please refer to course descriptions, starting on page 13.

Locations:
Location codes refer to map on page 2.

* Course material costs are extra

Course #	Course Title	Locale	Day	Time	Room	Start	Lessons	Fee	Page
ARTS AND CRAFTS									
C 2524	Drama for Students Ages 8-13	South	W	6:00-7:30	30	26-Sep	10	\$82.50	12
C 2455	Drama for Students (Age 8-13)	Fort	Th	6:00-7:00	156	27-Sep	10	\$55.00	12
C 2367	Ballet Ages 4 - 5- Beg. - (Co-ed.)	Beam	W	6:00-7:00	Caf.	26-Sep	10	\$55.00	12
C 2526	Ballet Ages 4-8 Beg. (Co-ed)	South	W	6:00-7:00	Caf	26-Sep	10	\$55.00	12
C 2368	Ballet Ages 6 - 8- Beg. - (Co-ed.)	Beam	W	7:00-8:00	Caf.	26-Sep	10	\$55.00	12
C 2501	Ballet and Tap Ages 4 - 6- Beg. - (Co-ed.)	Port	Fri	5:00-6:00	309	28-Sep	10	\$58+\$2	12
C 2503	Ballet and Tap Ages 7-9 Beg. - (Co-ed.)	Port	Fri	6:05-7:05	309	28-Sep	10	\$58+\$2	12
C 2369	Belly Dancing-Female-Ages 13+	Beam	T	6:00-7:30	Drama	25-Sep	10	\$82.50	12
C 2482	Dance Like Me	Grims	T	6:30-7:30	Gym	25-Sep	10	\$55.00	12
C 2475	Dancing -Ballroom	LakeV	M	8:00-9:30	LKV	24-Sep	10	\$82.50	12
C 2478	Dancing -Social Beginner	South	T	7:30-9:00	Caf	25-Sep	10	\$82.50	12
C 2476	Dancing-Social Beginner	LakeV	M	6:30-8:00	LKV	24-Sep	10	\$82.50	12
C 2477	Dancing-Social Beginner	LakeV	Th	6:30-8:00	LKV	27-Sep	10	\$82.50	12
C 2479	Dancing-Social Intermediate	LakeV	Th	8:00-9:30	LKV	27-Sep	10	\$82.50	12
C 2370	Guitar - Beginners	Beam	Th	7:30-9:00	3-203	27-Sep	10	\$82.50	12
C 2371	Guitar-Beginners	Laura	W	6:30-9:00	128	26-Sep	10	\$82.50	12
C 2372	Guitar-Beginners	South	T	7:30-9:00	30	25-Sep	10	\$82.50	12
C 2378	Guitar-Beginners-Ages 8-13	Laura	W	6:30-7:30	128	26-Sep	10	\$55.00	12
C 2379	Guitar-Beginners-Ages 8-13	South	T	6:30-7:30	30	25-Sep	10	\$55.00	12
C 2377	Guitar - Beginners - Ages 8 - 13 yrs.	Beam	Th	6:30-7:30	3-203	27-Sep	10	\$55.00	12
C 2527	Hip Hop for Adults and Teens	South	M	7:30-8:30	Caf	24-Sep	10	\$55.00	12
C 2457	Kids,Arts and Crafts	Fort	W	6:00-7:00	156	26-Sep	10	\$55.00	12
C 2374	Photography-Beginner	Beam	Th	6:00-7:30	3-109	27-Sep	10	\$82.50+\$10	12
C 2375	Photography-Beginner	Cent	W	6:30-8:30	228	26-Sep	10	\$110.00	12
C 2373	Photography -Beginners	Laura	T	7:00-9:00	210	25-Sep	10	\$110.00	12
C 2376	Photography: Beyond Beginners	Beam	Th	7:30-9:00	3-109	27-Sep	10	\$82.50+\$10	12
C 2459	Photography for Kids	Fort	T	6:00-7:00	153	25-Sep	10	\$55.00	12
C 2382	Sketching & Drawing - Ages 8-13 yrs.	Beam	Th	6:00-7:00	1-206	27-Sep	10	\$55+\$10	12
C 2545	Stained Glass for Beginners	Cent	T	6:30-9:00	204	25-Sep	10	\$137.50	12
C 2405	Vocal for Kids	Beam	M	5:30-6:30	1-Music	24-Sep	10	\$55.00	12

COMPUTERS

C 2391	Computer Animation - Beg. 8-14	Beam	M	6:00-7:30	3-109	24-Sep	10	\$82.50+\$10	12
C 2392	Computer Animation Beyond Beg.-Ages 8-14	Beam	M	7:30-9:00	3-109	24-Sep	10	\$82.50+\$10	12
C 2395	Computer- Beginners	West	M	6:00-8:00	1077	24-Sep	10	\$110.00	12
C 2396	Computer -Beginners	Cent	T	6:30-8:30	226	25-Sep	5	\$55+\$5	12
C 2394	Computer -Beginners	South	Th	7:00-9:00	6	27-Sep	10	\$110.00	12
C 2393	Computer -Beginners	Beam	T	6:00-7:30	3-207	25-Sep	10	\$82.50+\$10	12
C 2397	Computer -Beyond Beginners	Beam	T	7:30-9:00	3-207	25-Sep	10	\$82.50+\$10	12
S 2445	Computers for Seniors	Cent	W	6:00-8:00	226	26-Sep	10	\$110+\$10	12
S 2499	Computers for Seniors	Laura	T	6:00-8:30	LLC-206	25-Sep	130	\$110+\$10	12
C 2494	Microsoft 2007 Excel/Word Beginners	Grims	M	6:30-8:00	404	24-Sep	10	\$82.50+\$10	13
C 2495	Microsoft 2007 Excel/Word Intermediate	Grims	M	8:00-9:30	404	24-Sep	10	\$82.50+\$10	13
C 2489	Photoshop Elements 7	Grims	T	8:00-9:30	404	25-Sep	10	\$82.50+\$10	13
C 2496	Website Design	Grims	T	6:30-8:00	404	25-Sep	10	\$82.50+\$10	13

HEALTHY LIVING, LIFESTYLE AND SPORTS

2483	Aerobics Hip Hop	Grims	T	7:30-8:30	Gym	25-Sep	10	\$55.00	13
2460	Aqua Fitness	Fort	M	7:15-8:15	Pool	24-Sep	10	\$66.00	13
2461	Aqua Fitness	Fort	Th	7:15-8:15	Pool	27-Sep	10	\$66.00	13
2407	Badminton	Cent	T	6:30-8:30	D.Gym	25-Sep	10	\$110	13
2385	Basketball - Mens Recreational (30 +yrs.)	Beam	T	8:00-9:30	D. Gym	25-Sep	10	\$82.50	13
2462	Bootcamp - Ladies	Fort	M	6:00-7:00	U Gym	24-Sep	10	\$55.00	13
2463	Bootcamp	Port	M	7:10-8:10	309	24-Sep	10	\$58+\$2	13
2507	Cardio / Toning	Port	Th	5:30-6:30	309	27-Sep	10	\$58+\$2	13
2508	Cardio/Toning	Port	M	6:05-7:05	309	24-Sep	10	\$58+\$2	13
2528	Cardio Core Circuit	South	Th	7:30-8:30	Caf	27-Sep	10	\$55.00	13
2529	Cardio Kickboxing	South	Th	6:30-7:30	Caf	27-Sep	10	\$55.00	13
2484	Dodgeball	Grims	Th	6:45-7:45	S.Gym	27-Sep	10	\$55.00	13



Course #	Course Title	Locale	Day	Time	Room	Start	Lessons	Fee	Page
HEALTHY LIVING, LIFESTYLE AND SPORTS (CONT)									
2485	Dodgeball	Grims	Th	8:00-9:00	S.Gym	27-Sep	10	\$55.00	13
2465	Firm and Burn	Fort	Th	6:00-7:00	U Gym	27-Sep	10	\$55.00	13
2486	Golf	Grims	Th	6:30-7:30	D Gym	27-Sep	10	\$55.00	13
2487	Golf	Grims	Th	7:45-8:45	D Gym	27-Sep	10	\$55.00	13
2535	Kick Fit	West	M/W	7:00-8:00	D Gym	30-Sep	20	\$110.00	13
C 2466	Kid's Health,Wellness and Nutrition	Fort	W	6:00-7:00	153	26-Sep	10	\$55.00	13
C 2458	Kids Soccer Skills (Ages 7 - 12)	Fort	Th	7:30-8:30	U Gym	27-Sep	10	\$55.00	13
2511	Pilates	Port	T	5:30-6:30	309	25-Sep	10	\$58+\$2	13
C 2468	Sports Camp for Kids (Ages 8-14)	Fort	T	6:00-7:00	U Gym	25-Sep	10	\$55.00	13
C 2467	Sports Camp for Kids (Ages 8-14)	South	M	5:30-7:00	Gym	24-Sep	10	\$82.50	13
2536	Tai Chai	West	W	7:00-8:30	1089	26-Sep	10	\$82.50	13
2387	Volleyball - Co-Ed Recreational	Beam	T	6:30-7:30	D.Gym	25-Sep	10	\$55.00	13
2543	Volleyball - Co-Ed Recreational	Grims	M	7:00-8:30	D Gym	24-Sep	10	\$82.50	13
2544	Volleyball - Co-Ed Recreational	Grims	M	8:30-10:00	D Gym	24-Sep	10	\$82.50	13
2426	Yoga	Cent	T	5:45-6:45	Wt.Room	25-Sep	10	\$55.00	13
2427	Yoga	Cent	T	7:00-8:00	Wt.Room	25-Sep	10	\$55.00	13
2428	Yoga	Cent	W	5:45-6:45	Wt.Room	26-Sep	10	\$55.00	13
2433	Yoga	Cent	W	7:00-8:00	Wt.Room	26-Sep	10	\$55.00	13
2512	Yoga	Port	T	6:35-7:35	309	25-Sep	10	\$58+\$2	13
2513	Yoga	Port	W	5:30-7:00	309	26-Sep	10	\$87+\$2	13
2430	Yoga	South	M	6:30-7:30	Caf	24-Sep	8	\$44.00	13
2434	Yoga Beginners	Laura	M	7:00-8:15	Gym	24-Sep	10	\$68.75	14
2423	Yoga Beginners	West	M	6:00-7:00	1089	24-Sep	10	\$55.00	14
2424	Yoga Beginners	West	M	7:15-8:15	1089	24-Sep	10	\$55.00	14
2469	Yoga Fusion	Fort	w	7:15-8:15	153	26-Sep	10	\$55.00	14
2437	Zumba	Cent	W	7:00-8:00	S.Gym	26-Sep	10	\$55.00	14
2490	Zumba	Grims	Th	7:00-8:30	22	27-Sep	10	\$82.50	14
2517	Zumba	Port	W	7:05-8:05	309	26-Sep	10	\$58+\$2	14
2521	Zumba	Laura	W	7:00-8:00	Gym	26-Sep	8	\$44	14
2531	Zumba	South	T	6:30-7:30	Caf	25-Sep	10	\$55.00	14

COURSE CHART GUIDE

Ages:
All courses are for ages 18+, unless otherwise indicated:

S : Seniors
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Descriptions:
Please refer to course descriptions, starting on page 13.

Locations:
Location codes refer to map on page 2.

* Course material costs are extra

HISTORY

2454	History on the Move Walking Tour	Laura	Sat	10:00-1:00	Mem.Pk.	Oct. 13	1	\$19.50	14
2453	History-Just around the Corner	Laura	T	7:00-9:00	105	25-Sep	10	\$110.00	14

HOME AND GARDEN

2497	Cake Decorating Advanced	Grims	T	6:30-8:30	305	25-Sep	10	\$110.00	14
2451	Cake Decorating -Fondant	Cent	T	6:30-8:30	144	25-Sep	6	\$66.00	14
2498	Cooking Made Easy	Grims	Th	6:30-9:00	305	27-Sep	10	\$137.50	14
2452	Gardening all Year	Cent	T	6:30-8:30	224	25-Sep	10	\$82.50	14
2546	Landscaping for Homeowners	West	M	6:00-8:00	1104	24-Sep	8	\$88.00	14

LANGUAGE

2470	French-Beginners	Fort	Th	6:30-8:30	153	27-Sep	10	\$110.00	14
2398	Italian - Conversational(Beginners)	Beam	Th	6:00-7:30	3-204	27-Sep	10	\$82.50 +\$5	14
2534	Italian - Conversational(Beginners)	South	M	7:00-8:30	8	24-Sep	10	\$82.50	14
2539	Spanish -Conversational (Beginners)	West	M	6:00-8:00	1105	24-Sep	10	\$110.00	14
2404	Spanish for Travellers-Beginners	Beam	M	7:30-9:00	3-203	24-Sep	10	\$82.50+\$10	14
2399	Spanish-Conversational (Beginners)	Beam	M	6:00-7:30	3-203	24-Sep	10	\$82.50+\$10	14
2400	Spanish-Conversational (Beginners)	Laura	M	7:00-9:00	105	24-Sep	10	\$110.00	14
2401	Spanish-Conversational (Beginners)	Fort	M	6:30-8:30	153	24-Sep	10	\$110.00	14
2402	Spanish-Conversational (Beginners)	Grims	M	7:00-9:00	201	24-Sep	10	\$110.00	14
2533	Spanish-Conversational (Beginners)	South	Th	7:00-9:00	8	27-Sep	10	\$110.00	14
2403	Spanish-Conversational (Beyond Beginners)	Beam	W	6:00-7:30	3-203	26-Sep	10	\$82.50+\$10	14

Physical Activity Disclaimer:

It is recommended you consult your health professional if you have any exercise restrictions or concerns. In choosing to participate in the physical activity, you agree that, to your knowledge, you have no limiting physical conditions that would preclude physical activity of this nature.

ARTS, CRAFTS & DANCE

BALLET & TAP AGES 4 - 5 / 6 - 8

Course No. 2367, 2526, 2368, 2501, 2503

This class will focus on posture, basic movements and steps in sequence, musicality and coordination. Class appropriate to age level.

BALLROOM DANCING

Course No. 2475

This an introduction to various types of ballroom dances. You too can dance like the stars!

BELLY DANCING

Course No. 2369

Learn the basic movements of this effective and enjoyable form of exercise and develop a positive self-image.

DANCING - SOCIAL BEGINNER/INTERMEDIATE

Course No. 2478, 2476, 2477, 2479

You will learn to dance to all kinds of music. This is the only class you will need in order to dance at any social dance.

DANCE LIKE ME

Course No 2482

Hip Hop Dance Class for mother s and their daughters or sons (Age 5-12). Guaranteed fun and fitness for everyone.

DRAMA FOR STUDENTS- AGES 8 - 13/10-13

Course No. 2524, 2455

This course will introduce students to basic fundamentals of performing. Students will develop confidence and boost self-esteem.



GUITAR - BEGINNERS/ AGES 8 - 13

Course No. 2377, 2378, 2379

For kids aged 8 to 13. Learn guitar basics such as tuning, cords, notes, rhythm and more.

GUITAR - BEGINNERS

Course No. 2370, 2371, 2372

For teens and adults aged 13+. Learn guitar basics such as tuning, cords, notes, rhythm and more.

HIP HOP FOR ADULTS/TEENS

Course No. 2327

Learn the latest moves in a high-energy, fun filled atmosphere. A great way to enjoy dance and fitness.

KIDS ARTS AND CRAFTS

Course No. 2457

This class allows children to express themselves through art, while learning to take recycling and turn it into something fun, creative and useful. Activities include, drawing, painting, portraits, silhouettes, landscapes, etc. Supplies needed: Pencils, pencil crayons, scrapbook and waterpaint.

KIDS PHOTOGRAPHY

Course No 2459

Students will learn how to use a digital camera to its full potential. By the end of the class, you will have the knowledge to snap a creative and unique photograph. Supplies needed are a digital camera, pad or paper and pen.

PHOTOGRAPHY - Beginners

Course No. 2373, 2374, 2375

Lighting, depth of field, camera settings, shutter speed and I.S.O. speed are just some of the many skills addressed. Digital camera and memory card are required.

PHOTOGRAPHY Beyond Beginners

Course No. 2376

This course takes you to a higher level of photographic skill. Reference handouts included.

SKETCHING & DRAWING- AGES 8-13

Course No. 2382

This course focuses on basic drawing technique. Sketch pad, pencils and eraser required.

STAINED GLASS FOR BEGINNERS

Course No 2545

Students will learn about types of glasses, different methods of making stained glass, design cutting, grinding, copper-foiling, soldering, finishing techniques and setting up a work space at home.

VOCAL FOR KIDS

Course no 2405

This course welcomes children 9 to 13 who love to sing. Warm up routines, breathing techniques and vocal performance skills will be addressed.

COMPUTERS

COMPUTER ANIMATION

Beg. (8 - 14)

Course No. 2391

Learn to create and edit fantastic 2-D objects and images like a professional under the step-by-step instruction of a professional animator.

COMPUTER ANIMATION Bey. (8 - 14)

Course No. 2392

Expand and perfect your animation skills. Geared to students who have attained a basic animation skill level.

COMPUTERS FOR SENIORS

Course No. 2445, 2499

This course is designed for people with very little or no computer experience.

COMPUTERS-BEGINNERS

Course No. 2393, 2394, 2395, 2396

For those with little or no experience with computers. Learn how to use email, the Internet, word processing and more.

COMPUTERS BEYOND BEGINNERS

Course No. 2397

This course offers skills and strategies for those already confident in basic operations.

VISIT OUR WEBSITE:
www.dsbni.org/community

MICROSOFT 2007 WORD/ EXCEL

Course No. 2494,2495

Students will learn how to use basic and intermediate Word/Excel.

PHOTOSHOP ELEMENTS

Course No 2489

Students will learn about Adobe Photoshop and how to correct pictures and create digital art.

WEBSITE DESIGN

Course no. 2496

Learn to build and update your own web page. Suitable for personal or business applications.

HEALTHY LIVING, LIFESTYLE AND SPORTS

AQUA FITNESS

Course No. 2460,2461

Join us for a fun exercise program in the pool. Emphasis is on cardiovascular fitness and toning.

AEROBICS HIP HOP

Course No. 2483

A fresh new exercise class. A great way to stay fit and learn dance moves with lively music. No previous experience needed.

BADMINTON

Course No. 2407

A fun night for anyone interested in playing badminton. All levels of players welcome. Improve your game while exercising and having fun. Bring your own racket; shuttlecock provided.

BASKETBALL - MENS RECREATIONAL 30+

Course No. 2385

An enjoyable night of scrimmage basketball for adult males who are looking for recreation, exercise and getting on the basketball court for a good game. Fitness attire and non-marking shoes required.

BOOT CAMP

Course No. 2463

Get fit in this fun and upbeat class using a variety of fitness strategies each week.

CARDIO CORE CIRCUIT

Course No. 2528

A challenging program with a unique blend of cardio and core exercises. Suitable for men and women of all ages.

CARDIO KICKBOXING

Course No. 2529

Enjoy this great workout. Get fit and have fun. This course is suitable for all levels.

DODGEBALL

Course No.2484,2485

A high intensity, fast-paced game of dodge ball. Parental permission required for participants under 18.

FIRM AND BURN

Course No. 2465

Never the same class twice, we will alternate muscle sculpting with cardio components. The result will build lean muscle mass and burn calories. Please bring a mat and a water bottle.

GOLF-All Levels

Course No. 2486,2487

Stay on top of your game or learn stance, grip and swing. Instructor will teach a variety of shot techniques.

LADIES BOOT CAMP

Course no 2462

Each class we will move through a variety of cardio and muscle toning components that each participant works at individually. We will use a variety of equipment to make this a fun total body conditioning workout.

KICK FIT

Course No. 2535

Kick, punch, move, stretch and tone. It will be a quick hour with high energy.

KIDS HEALTH, WELLNESS AND NUTRITION

Course No 2466

This class provides motivation, helps bring out children's self confidence and teaches children about proper nutrition. Please bring a pad of lined paper and a pen.

KIDS SOCCER SKILLS

Course No.2458

If you enjoy the game of soccer or just want to take your game to the next level then come join us. You will develop your skills and have fun at the same time. Your instructor is an ex international professional soccer player who is very excited to help you find your talent.

PILATES

Course No. 2511

Get fit and have fun with this popular form of exercise.

SPORTS CAMP FOR KIDS AGES 8 TO 14

Course No. 2467,2468

Play a different sport each week. Participants will learn the fundamentals of different sports.

TAI CHI

Course No. 2536

Participants will practice Tai Chi movements and postures. Notice improvements in balance, strength and mental focus.

CARDIO TONING

Course No. 2507,2508

Enjoy the benefits of this total body, time efficient, conditioning work-out.

VOLLYEBALL – CO-ED REC

Course No.2387,2543,2544

A fun night for adults who have played some volleyball in the past.

YOGA

Course No. 2426,2427,2428,2433,2512, 2513,2430

Study the discipline of Yoga while building strength, stamina and flexibility. Please bring a mat and blanket to class.

YOGA - BEGINNERS

Course No. 2434,2423

Participants will learn to relax and focus as they strengthen and stretch the body. Bring an exercise mat or large towel.

YOGA FUSION

Course No.2469

Combines the principles of yoga, pilates and general fitness. Designed to improve strength, flexibility and posture. Please bring a mat.

ZUMBA

Course No. 2437,2490,2517,2521,2531

A fusion of Latin music and aerobic/ interval training that tones and sculpts the body.

HISTORY

HISTORY JUST AROUND THE CORNER

Course No 2543

All you need to bring to the class is curiosity and enthusiasm for local history. We will be exploring the local implications of the War of 1812 and how it impacted the average citizen.

HISTORY ON THE MOVE WALKING TOUR

Course No. 2454

Certain respectable married ladies of Shipman's Corners welcome loyal citizens to accompany them on a cordial stroll through 19th century St. Catharines, and will regale the gathering with thrilling reminiscences of the War of 1812 and our heroic defenders, military and civilians both. Tour will meet at Memorial Park at 10:00 a.m.

VISIT OUR WEBSITE:
www.dsbm.org/community



HOME & GARDEN

CAKE DECORATING ADVANCED

Course No.2497

This advanced course will teach the more difficult level of Cake Decorating, trimmings and design. Prerequisite: Cake Decorating 1. Material costs are extra.

CAKE DECORATING FONDANT

Course no 2451

Learn the easy and correct way to make your own fondant, roll out and apply fondant on a cake, use basic tools to make stylishly decorated cakes, make simple flower, leaves, ribbons and bows, and learn simple borders, appliques and figure modeling. Students will purchase their own supplies for week 2.

COOKING MADE EASY

Course no 2498

This course will introduce you to the basic secrets and techniques that will allow you to enhance your skills and confidence in the kitchen. Material costs extra.

GARDENING ALL YEAR

Course no 2452

Whether you have an established garden or are beginning a new project, this course will provide information to enable you to choose appropriate plants and elements to achieve a landscape that will provide four seasons of interest.

LANDSCAPING FOR HOMEOWNERS

Course no 2456

Now is the time to plan for Spring! Learn the basic steps necessary for creating your own personal landscape plan. Classes will include everything you need to complete your own landscaping project.seasons of interest.

For locations, dates, times and course fees, refer to the charts on pages 10-11.

*Material costs are extra.

LANGUAGE

FRENCH-CONVERSATIONAL BEGINNERS 13+

Course No. 2470

This course places the emphasis on fun and conversation. Focus is on fundamental conversational skills for those wishing to learn this romantic language.

ITALIAN-CONVERSATIONAL BEGINNERS

Course No. 2398,2534

Geared for teen and adult beginners, this course focuses on conversational skills, fundamental practical words, phrases and expressions of the language

SPANISH:TRAVELLERS

Course No. 2404

This course focuses specifically on the vocabulary and conversation skills needed for travelling.

SPANISH:CONVERSATIONAL BEGINNERS

Course No. 2399,2400,2401,2402,2533

Learn to master the fundamental words, phrases and expressions of Spanish in a fun setting.

SPANISH:CONVERSATIONAL BEYOND BEGINNERS

Course No. 2403

Geared to those who have some knowledge and conversational skills in Spanish.



Welcome Centre for Newcomer Families

Located at the
District School Board of Niagara
191 Carlton St., St. Catharines

All families new Canada are asked to come to the **Welcome Centre** before registering children in schools. Here you will receive:

- Multilingual information on DSBN schools and services
- Support in making decisions about your child's educational future
- Assistance completing the registration process so your child can start school
- A language assessment by an ESL Teacher as needed
- Settlement counseling



For an appointment:
Please call Brandie Lancione
905-641-1550 x54152



**Have an idea for a course you want to teach?
Got a special skill, qualification, or unique knowledge?
Interested in sharing that with other people?
Why not consider becoming an Instructor with
General Interest Program at the DSBN?**

Visit
www.dsbn.org/community
click on **Forms** and download the **Instructor Application Form** or contact **communityed@dsbn.org**
905-641-2929 ext. 54170
for more information.

Please note that acceptance of your application in no way obligates the DSBN. Only successful applicants will be notified.

District School Board of Niagara Purchasing Services & Central Services

Interested in doing business with the DSBN?

Visit us at www.dsbn.org/purchasing for bid opportunities, to register your company information, or for the government surplus goods online auction.

Our Mission:

Supporting student achievement through best practices in the procurement of value added products and services.

*The DSBN is a member of the
Niagara Public Purchasing Committee.*



Parenting and Family Literacy Centres (PFLC)

Parenting and Family Literacy Centres are school-based programs where parents and/or caregivers play and learn together with their children aged 0 – 6 years. They are **FREE** to attend and **NO PRE-REGISTRATION** is required.

What happens at a Parenting and Family Literacy Centre?

- ★ Fun activities such as art, science, puzzles, sand, water offered in a play-based learning environment for families to explore together
- ★ Lending library of multilingual stories and parenting books
- ★ ECE led story/music time that helps children develop language, attention and listening skills through interactive stories and songs
- ★ Special learning activities created with inexpensive household materials that can be easily duplicated at home to enhance literacy, numeracy and school readiness skills
- ★ Nutritional snacks served daily as well as coffee/tea for adults
- ★ **FREE drop-in program open to all families with children under 6 years of age**

Drop in any of 4 PFLC locations Monday to Friday!

Kate S Durdan Public School
6855 Kalar Road
Niagara Falls
8:30-12:30

Rose Seaton Public School
255 Emerick Avenue
Fort Erie
9:00-1:00

Plymouth Public School
111 First Street
Welland
9:00-1:00

Lincoln Centennial Public School
348 Scott Street
St Catharines
8:45-12:45

For more information: www.dsbn.org/pflc or call 905-227-5551 ext 52235



REGISTRATION

Registrations must be received no later than September 12, 2012. Registrations will be processed on a daily basis.
FAX - 905-646-9377- VISA or MasterCard only.

MAIL - IN – Please complete Visa/MasterCard payment information, or enclose cheque/money order (payable to the District School Board of Niagara); please send one cheque, per course, per participant.

Mail to: **Adult and Community Education, 535 Lake Street, St. Catharines, Ontario, L2N 4H7**

PLEASE PRINT ALL INFORMATION

Last Name		First Name		Middle Initial
Street No.	Street Name		Apt. No.	
City	Postal Code	Home Telephone No.	Business Telephone No.	
Day School Student:	Yes	No	If Yes, name of school:	
Course No.	Course Title		Course Location	
Day of Week	Time	Start Date	Fee	
Birthdate (DD/MM/YYYY):		Have you taken a night school credit course previously?		Year(s)
		Yes	No	

PAYMENT INFORMATION

<input type="checkbox"/> Visa	Card Number	Expiry /	Card Verification No.	<input type="checkbox"/> Cheque	<input type="checkbox"/> Senior (65+)
<input type="checkbox"/> Master Card				<input type="checkbox"/> Cash	<input type="checkbox"/> Money Order
Cardholder's Name		Signature	Date	Total Amount \$	

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Achieving Success Together!

THE DISTRICT SCHOOL BOARD OF NIAGARA

Wherever you want to go, a public education will take you there. At the DSBN, our students are benefitting from more opportunities than ever. Today's students are using leading edge learning technologies, showing leadership on the environment and supporting their local communities, all while developing powerful reading, writing and math skills.

The DSBN is committed to student success by working together to inspire, support and empower all learners to achieve their full potential.



www.dsbni.org



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