

Learning about one another

Today we will be exploring what makes everyone the same, different and unique.

Aujourd’hui on explore ce qui nous rends la même, différente et unique.



Asynchronous Learning Tasks

Grade 4
Grade 5
Grade 6



Take a look at the video to read the book [I Am Enough](#)

What makes you unique? Can you think about something you like about someone who’s different from you? What is the best thing about getting to know other people that are different from you? Write a paragraph to express your opinion!

*Pourquoi es-tu unique?
Pouvez-vous penser à quelque chose que vous aimez chez quelqu'un qui est différent de vous? Quelle est la meilleure chose à faire pour connaître d'autres personnes différentes de vous? Ecris un paragraphe avec ton opinion!*



Writing Task

What is the best thing about getting to know other people that are different from you?

- ☐ My opinion is clearly stated.
- ☐ I included strong supporting details.
- ☐ All details are related to the topic.
- ☐ I have a conclusion sentence.
- ☐ I used strong vocabulary.
- ☐ I kept my reader's attention.

Fraction Fun!

If the picture is worth a whole:

- What combination of shapes would represent one half?
- How much is an orange triangle worth?
- Pick another shape in the picture and explain how much you think it’s worth to someone in your house.



[Try This](#)

Choose either the Fraction hunt or one of the extension activities

Explore Google Maps - Find Your Community

- In your **dsbn.org bookmarks**, select **Google Drive**
- Go to the **waffle** in the upper right-hand corner
- Scroll down and select **Google Maps**
- In the **Search** function, type in **Canada**
- Hover your cursor over where you think where you might live - *hint: Bottom of Ontario by the lakes*
- Start to zoom in and look for cities you may notice, like Toronto, Hamilton, St. Catharines and continue to zoom until you discover your city.

More Fun with Google Maps!

- Along the lower right hand side, explore the features like, Globe View, Find Your Location and Street View
- Along the lower left hand side, explore the Satellite feature.
- Search and explore a place you’d like to visit one day, like Italy, Australia or Hawaii.

Try this Boks Burst challenge!



Questions for Reflection:

- What did you enjoy about the Boks Burst challenge?
- What did you find difficult?
- What are some other great ways to get your heart rate up?
- If you were to do the challenge again, what would you change?

Sports

Today we will be exploring all things about sports.

Aujourd'hui on va explorer les sports.



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Design Your Own Team Logo



A logo is a symbol used to promote public identification or recognition. Although they are simple, logos are created purposefully and use elements such as colour, line, shape, and font to send a message about what the company values. Imagine you just bought a sports team and need to design a new logo. Think about the sport your team plays and what values you want it to be known for... a quick and agile soccer team... a graceful synchronized skating team... a hockey team that cares equally about performance as giving back to the community. What would the logo for your team look like? Design your logo on paper or using the digital tool of your choice. Then write a paragraph to explain the hidden story behind your logo.

Un logo est un symbol pour promouvoir l'identification et la recognition. Ils sont simples, mais créées avec les éléments importants. Imagine tu as une équipe de sports et tu dois dessiner un logo. Quelles images veux-tu inclure? Dessine un logo et écris un paragraph pour expliquer ton logo.

Checklist

- ☐ Logo is simply but thoughtfully designed (colour choice, symbols, font etc.)
- ☐ Paragraph explains the reason for your design choices (i.e. *The blue colour represents...*)
- ☐ Check for capitals, periods, punctuation, and spelling



Alyssa Nakken Embraces Historic Coaching Role with Giants

by Anna Laible

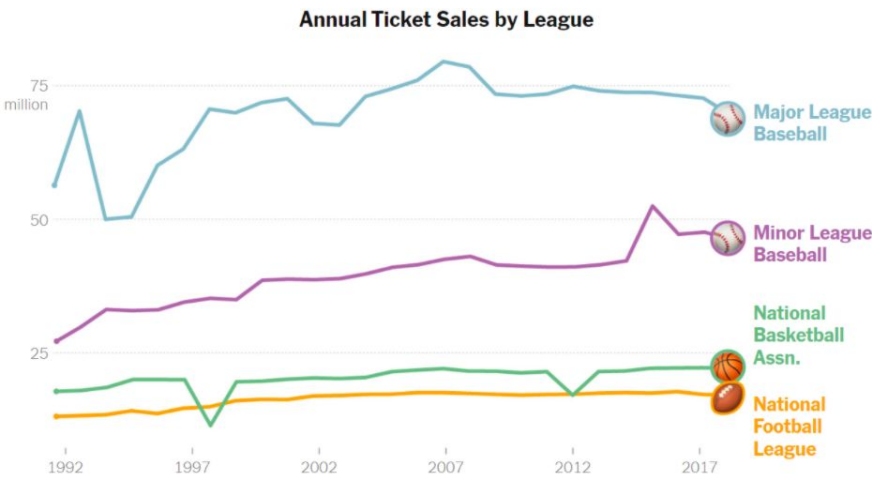
Link to the Sports Illustrated Kids article [HERE](#).

Read about Alyssa Nakken, the first full-time female coach in the MLB.

Questions for discussion: What is something new that you learned? In the article Nakken says, "If I want to get somewhere, I just need to go there, even if no one has gone there before." Do you agree? What might you want to achieve that has never been accomplished before? *Qu'est-ce que tu as appris de nouveau? Es-tu d'accord avec l'article? Qu'est-ce que tu veux réaliser qui est nouveau?*



What story does this graph about baseball, basketball and football ticket sales tell?

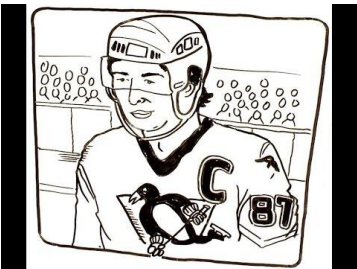


You can find a larger version of this graph [HERE](#)!

Questions for Discussion:

1. What do you notice? If you make a claim, tell us what you noticed that supports your claim.
2. What do you wonder? What are you curious about that comes from what you notice in the graphs?
3. What's going on in these graphs? Write a catchy headline that captures the graphs' main idea.

Listen to this informative video on concussions.
Écoute cette histoire à propos d'une commotion cérébrale.



Each year, we recognize Rowan's law day in the Fall but it's important to play safe every day. Read this Rowan's Law [booklet](#) and watch the video below.

Record or discuss with your family 3 things that you learned about Concussion Awareness after reading. What do you think the most important message is from the video and booklet?

Quel est le message de cette histoire?



Media Literacy

Create a poster (by hand or virtually) to explain what Rowan's Law is and why we should dedicate a day to this important cause.

Click [here](#) and [here](#) for sample posters. Think about what makes these posters stand out.

Overcoming Obstacles

Today we will be learning more about overcoming obstacles.

Aujourd'hui, nous en apprendrons davantage sur la façon de surmonter les obstacles.



As you read the story think about:

- Who were Chris’s goal champions/role models in the book?
- What steps did Chris take to achieve his goal/dream?
- How does Chris’ family support him?
- Have you ever helped or supported someone? What did you do or say to give support?



Watch this interview with Chris Paul to learn more about how he overcame obstacles to achieve his goals:



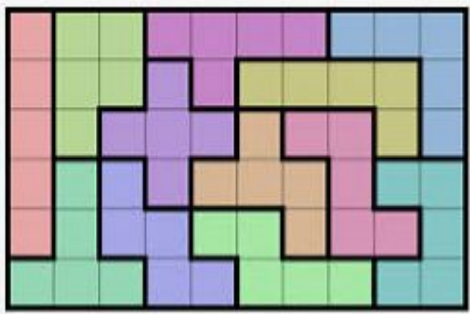
Write a goal of your own. Be specific by using this frame:
I want to (goal) _____
by (date) _____ so
I will (action) _____.



Watch the video below to hear a little encouragement from Kid President.



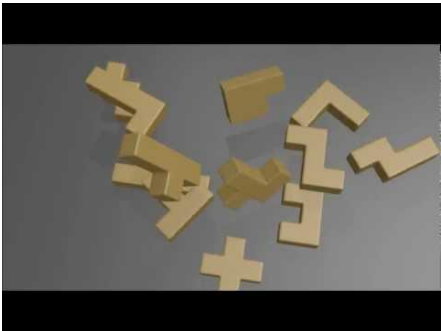
Give yourself a pep talk!
Take a look at these [positive self-talk statements](#) and match the feeling to the positive thought that can help you feel better.



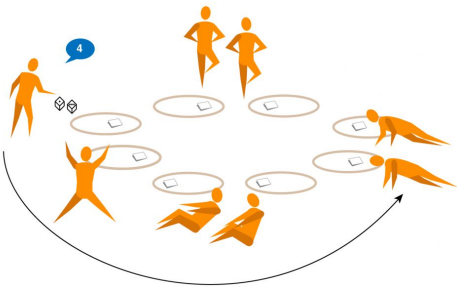
Mental Strength: Playing with Pentominoes

Solving puzzles, like pentominoes will help to develop your visual-spatial parts of your brain. Before you turn and flip the pieces, try to visualize in your mind, what they will look like.

[Click here](#) to try some pentomino puzzles!



Watch this video to see some of the many possibilities that you can create with pentominoes. Make your own set of [pentominoes](#) and create your own puzzle to share with others.



Physical Strength: Set up a Fitness Circuit

Athletes train their bodies hard in order to stay fit. Today, train like an athlete by setting up a fitness circuit. Choose six activities and number them 1-6. Some possible fitness activities include: running on the spot (cardiovascular fitness) push-ups (muscular strength and endurance), stork stand (muscular endurance and balance enhancement). Roll a [dice](#). Complete the activity indicated by the number on the dice. Keep rolling, working through as many circuit stations as possible. You should spend 2-3 minutes at each station.

Les athlètes font de l'exercice pour rester en forme. Aujourd'hui, fait un circuit de l'exercice. Choisis six activités et donnes-les un numéro 1-6. Tu peux courir, faire les pompes, etc. Roule un dés et les complète en ordre du numéro que tu roules. Passe 2-3 minutes pour chaque station.

Questions for Discussion:
Some of the movement activities may be new to you. Why is it important to try new things? What does it look and sound like when you are performing at your best when being physically active?

Quelques activités peuvent être nouvelles. Pourquoi c'est important d'essayer les nouvelles activités? Comment cela regarde et quand tu fais les activités physiques?
Activity Source: [OPHEA](#)

Getting Involved

Today we will be looking at ways we can help others in our community.


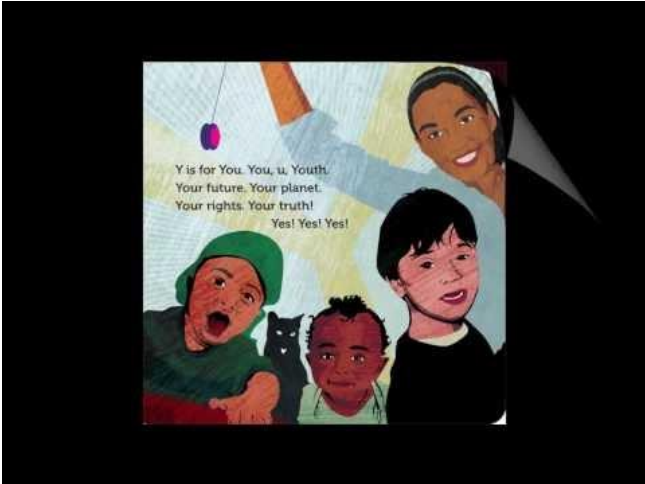
Aujourd'hui on explore comment on peut aider les autres dans notre communauté.



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	<div>An Activist is</div> <div>... someone who is not willing to let a situation go unnoticed. It is an individual who feels so passionately about a topic, they just can't help doing something to learn more, to raise awareness among others, and to bring about change. (Definition taken from https://kidsrighttoknow.org/)</div> <div>Listen to the story below and think about what it means to you to be an activist. Écoute l'histoire pour comprendre et considérer qu'est-ce que c'est qu'un(e) activist(e).</div> <div></div>	<div>Writing Task</div> <div>Research someone you believe fits the criteria of what an activist is. Write a convincing paragraph about why you believe this particular person is in fact an activist. Be sure to include a description of what they advocating for.</div> <div><div><input type="checkbox"/></div>Topic sentence</div> <div><div><input type="checkbox"/></div>At least 3 detail sentences</div> <div><div><input type="checkbox"/></div>Closing sentence</div> <div><div><input type="checkbox"/></div>Strong word choice</div> <div><div><input type="checkbox"/></div>Proper punctuation, spelling and grammar</div>
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We are better together

Today we will be exploring how we are better together.

Aujourd'hui, nous allons explorer comment nous allons mieux ensemble.



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Before you listen to the story, look up the following words so that you understand what they mean: **prejudice, discrimination, segregation.**

Listen to the story [As Fast As Words Could Fly](#).

To Do:

At the end of the story, the principal of the school asks Mason why he used the regular typewriter and not the electric typewriter and Mason states, “it reminds me of where I come from.” Where do you come from? Make a family tree and go back as far as you can.

[Family Tree Images](#)

At the end of the story, Dule Hill reminds us like Mason to “use our gifts” Make a list of your gifts and the things that make you you. What are some new gifts that you would like to learn? Make a step by step plan on how to learn this new gift.

To talk about...

No one cheered for Mason when he won the contest. **Would you have cheered? Do you always cheer for your classmates when they succeed? Think about what you will do in the future when you hear about a classmate being successful?**

Mason’s classmates discriminated against him. **What can we do in our own classroom/family to become better at working together and supporting one another?**



Look at the pieces of art below. What do you notice? What do you wonder? *Qu’est-ce que tu regardes dans l’art?*

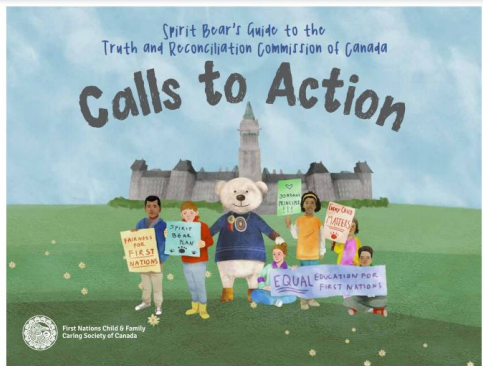


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By Artist, lessLIE



INDIGENOUS

Watch this video to learn what the word Indigenous means.



What is the Truth and Reconciliation Commission?

This booklet is written by Spirit Bear as a youth-guide to the TRC’s 94 Calls to Action. Spirit Bear was born in a huckleberry patch in the Carrier Sekani Territory in British Columbia but he spends most of his time on the lands of the Algonquin people in a city called Ottawa. Ottawa is also where the Government of Canada lives. Governments makes laws and provide the services that everyone needs, like clean water, education, and health-care.

Ce petit livre a ete ecrit par Spirit Bear pour servir comme une guide d’enfants pour les 94 Appels à l’Action. Il était né en Colombie-Britannique mais il passe la plupart de son temps à Ottawa. Ottawa est aussi où le gouvernement fait les lois pour les Canadiens.

Take some time to look through [Spirit Bear’s booklet](#). What is the TRC? What does reconciliation mean to you? How can you contribute to reconciliation?



Did you know dance is an art form? Click on the video to the right to learn about Aleena and Dezlin who are two young children from the Six Nations Reserve. Their modern and traditional dancing demonstrates how art and dance can bridge cultures (curio.ca). *Sais-tu que la danse est aussi de l’art? Regarde la vidéo des deux filles. Leur danse traditionnelle montre comment l’art et la danse peut influencer la culture.*

