

**IMPORTANT:** The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA. Each sport policy is numbered. Sometimes within a sport policy CAPITALS ARE USED TO IDENTIFY THE ARTICLE and THE SECTION THAT ARE IN THE N.R.H.S.A.A. CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsb.org> and then click on "schools link". Or, use <http://www.dsb.org/athletics> . Make sure that you are familiar with each one.

- |     |  |                      |   |
|-----|--|----------------------|---|
| 1.  | Season of Play   |                      |   |
|     | Girls = Winter Season  | Boys = Winter Season |   |
| 2.  | Levels of Competition  |                      |   |
|     | Senior Level   | Boys and Girls       | ZONE; SOSSA; OFSAA                      |
| 3.  | Members:   | Appendix A           |   |
| 4.  | Executive:<br>EXECUTIVE COMMITTEE<br>ROLES OF THE EXECUTIVE<br>STANDING COMMITTEES<br>Section 1 - Board of Reference - GENERAL |                      | ARTICLE VI<br>ARTICLE VII<br>ARTICLE IX |
| 5.  | CONVENERSHIPS<br>Section 1 - Athletic Conveners<br>Section 2 - Athletic Convener Packages                                      |                      | ARTICLE XIV                             |
| 6.  | SOLICITING STUDENTS  |                      | ARTICLE XVIII                           |
| 7.  | INSURANCE  |                      | ARTICLE XIX                             |
| 8.  | PERSONAL PROPERTY  |                      | ARTICLE XX                              |
| 9.  | TEAM SELECTION   |                      | ARTICLE XXII                            |
| 10. | SAFETY   |                      | ARTICLE XXIII                           |
| 11. | SUPERVISION OF INTERSCHOOL TEAMS   |                      | ARTICLE XXIV                            |
| 12. | ELIGIBILITY  |                      | ARTICLE XI                              |

Athlete eligibility is the sole responsibility of the principal and coach of each school.

#### Section 1 - School

A school is entitled to enter an Open Men's team and an Open Women's team. A school may have up to 10 skiers race in each event. However, a team will consist of five (5) members with the score of three (3) members counting. The five skiers on a team must be designated by the coach on the entry sheet. The team can be all boys; all girls; or mixed.

#### Section 2 - Individual

Senior: The individuals' birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

#### Section 3 - Special Consideration

13. TRANSFERS ARTICLE XIII  
STANDING COMMITTEE(S) ARTICLE IX  
Section 2 - Board of Reference - TRANSFER  
Transfer meeting dates will be published the first week in Sept. of the current school year.  
Section 1 - Transfer Policy  
Section 2 - Ineligible Ruling  
Section 3 - SOSSA Appeal Process

14. SCHEDULING ARTICLE XV  
Section 1 - Declaration of Play  
Section 2 - School Classification  
Section 3 - League and Play-off Format  
Section 4 - Stages of Scheduling

SPORT SPECIFIC POLICIES:

15. ELIGIBILITY SHEETS ARTICLE XII

Note: Eligibility sheets must be received by the Convener 2 school days before the first meet.

THERE ARE SO FEW ZONE TEAMS THAT THESE ZONE TEAMS AUTOMATICALLY ADVANCE TO SOSSA.

16. EVENTS:

WOMENS' SLALOM;  
WOMENS' GIANT SLALOM;  
MENS' SLALOM;  
MENS' GIANT SLALOM

17. Start Time:

One day Meet starting times will be determined after the organization meeting held by the Convener. ARTICLE XV, section 4, PAGE 9, is not applicable for Alpine Skiing.

18. Meet and Championship Format:

The format for the Meet will be discussed at the Conveners Individual Sport Body Meeting. All schools participating are to send a representative to the Convener's Individual Sport Body Meeting otherwise forfeit all rights for input.

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19. RULES:

- any skier who is disqualified from the first run will NOT be allowed to do a second run - no exceptions
- OFSAA regulations will be followed
- if a student/athlete did not finish or did not start, this negates a skier from the event
- unsportsmanlike conduct negates a skier from competition that day
- review of the course by sideslip or snow plowing only
- Pre-skiing of the course will result in an automatic disqualification (D.Q.)

20. UNIFORM AND EQUIPMENT:

- Bib system will be used and visible at all times
- each skier will be assigned a number and must not change numbers or this will result in a DQ
- all skiers must wear safety straps or ski brakes
- CSA approved helmets are mandatory

21. SCORING:

Team scores will be calculated by adding the best three individual total scores for that team in Slalom PLUS the best three individual total scores in Giant Slalom;

NOTE: These scores will come from the five (5) skiers identified by the coach on the registration (entry) form.

22. GENERAL POLICIES:

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convener has the right to remove any skier who is exhibiting poor behavior or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the Meet but Coaches will provide all consumable medical supplies (ie Tape, bandages, etc.) for their student/athletes.

23. Zone Entries and Advancement to the SOSSA Competition:

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24. SUSPENSIONS

ARTICLE XXV

Section 1 - Ejection from competition  
Section 2 - Physical or Verbal Altercation

25. STANDING COMMITTEE(S)

ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

Procedures  
Penalties  
Protests  
Procedures

26. SOSSA INC.: BOYS' AND GIRLS' ALPINE SKIING:

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

BOYS' AND GIRLS' ALPINE SKIING (DOWN HILL): SOSSA Alpine Skiing regs

The zone championship will be held in the winter, with dates "TBA". Check [www.sossa.on.ca](http://www.sossa.on.ca) for dates and check [www.ofsaa.on.ca](http://www.ofsaa.on.ca) for possible provincial tournaments.

27. CONVENING SOSSA CHAMPIONSHIPS

ARTICLE XXIX

SNOWBOARD IS NOW A FESTIVAL SPORT AT THE OFSAA LEVEL.

28. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS:

If a school hosts an OFSAA Championship, the school has the first right of acceptance or refusal of the SOSSA Championship for that activity, in the same school year, as the OFSAA Championship.